



## Epilepsy Care Tools and Resources

### **Tools:**

Seizure Action Plan: The parent(s)/child along with the student's health care provider develop an action plan that can provide information on what past seizures have looked like, any known triggers, medications and side effects, rescue medication administration, how to respond to a seizure, when a seizure is an emergency, who to contact, and any other relevant details.

Seizure Observation Record: An observation form can be used to document when the seizure occurred, how long it lasted, what was observed before, during, and after the seizure. This documentation is crucial for parents and health care providers with regards to making decisions about the child's treatment plan.

Individualized Health Plan: The School Nurse develops an IHP when a student needs more complex nursing services due to physical or mental health needs. The school nurse annually evaluates and updates the IHP as needed.

Communication Plan between school and parent(s): Establish a plan for communication between the school and parent(s) to relay relevant information about the student's health, academics, behaviors, etc. This could be a notebook that goes to and from school, binder with a form, email, or phone call.

### **Resources from EFMN:**

<https://www.epilepsyfoundationmn.org/support-training/resource-library/>

School personnel and/or student epilepsy education and training

Raising a Child with Epilepsy Booklet

Learning and School Performance Booklet

The Teacher's Role Booklet

Seizure Recognition and Response Chart

Seizure First Aid Poster